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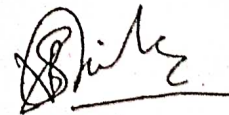
Anekant Education Society's
Tuljaram Cahturchand College of Arts, Science and commerce, Baramati
Autonomous

Department of Psychology
A Report on "World Mental Health Day 2022"

Date: 10th October 2022

World Mental Health Day (10 October) is an international day for global mental health education, awareness and advocacy against social stigma. It was first celebrated in 1992 at the initiative of the World Federation for Mental Health, a global mental health organization with members and contacts in more than 150 countries. This day, each October, thousands of supporters come to celebrate this annual awareness program to bring attention to mental illness and its major effects on peoples' lives worldwide. On this occasion Department of Psychology organized guest lecture, on "Mansik Aroygayachi Gurukilli" at 10th October 2022. The resource person for the program was Mr. Sandip Prabhakar Shinde, Psychologist/ Counselor Balkalyan Kendra, Kasba, Baramati. The guest lecture was attended by 51 students (Females 35, Males 16) from SY, TYBA and MA. The lecture started with the inaugural address of Dr. V.B. Shinde (Head Dept. of Psychology) he welcomed the distinguished guests, faculty members and the participants. He explains the objectives and gave the overview of the program. Miss Sonali Khade from MA first year was hosted the program.

Mr. Sandip Shinde explains the mental health and its factors. He enlightened the students on managing emotions, stress and finding the ways to develop coping strategies to reduce the emotions and stress. He finally concluded the lecture with motto mental health for all and left the stage open for questions from students. The resource person for lecture was immensely experienced and professional. The lecture was enjoyed thoroughly by the participants and they posted lot of questions as a result of that the lecture had witnessed a lot of interaction. Prof. D.V. Londhe offered vote of thanks.


Head

Department of Psychology

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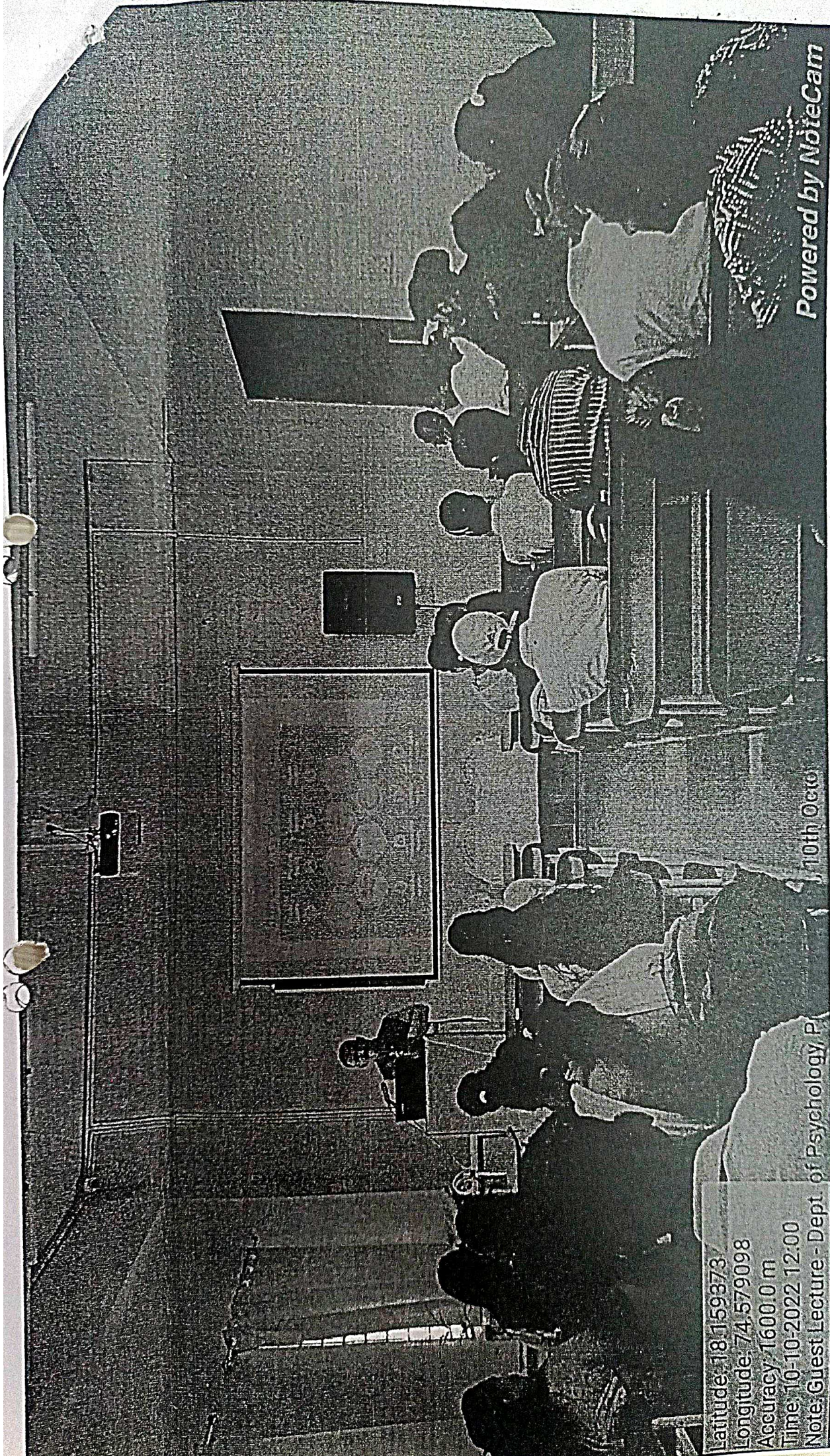
24/10/22

Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce Baramati
Department of Psychology
Guest Lecture

Speaker Mr. Sandip Shinde (Counselor Balkalyan Kendra, Baramati)
Date: - 10/10/2022

Sr. no	Name Of the Students	Roll no.	Class	Signature
1	Gaikwad Sujata	15098	MA I	<i>Sujata Gaikwad</i>
2	Bankar Ashwini	11261	TY.B.A	A.A. Bankar.
3	Arjun Bhagyashree D.	16314	M.Sc. II	<i>Arjun</i>
4	Hivarkar Premraj Amaran	15128	M.A. II	<i>Hivarkar P.A.</i>
5	Kare Swapnil Sahadeo	15133	m.A. II	<i>Kare Swapnil</i>
6	Pandhare Abhishek Ramesh	11577	TK.B.A	<i>AP</i>
7	Kaekar Ashwini Sunil	11582	TY.B.A	<i>Ashwini</i>
8	Waghmare Pratiksha Sadashiv	11428	T.Y.B.A	<i>PW</i>
9	Kadam Nisha Sunil	11268	T.Y.B.A	<i>Nisha</i>
10	Mandlik Rakshi Mahendra	11322	TY.B.A	<i>Mandlik</i>
11	Gaikwad Pradnya	10885	SYBA	<i>Gaikwad</i>
12	Shankar Shanshri	10687	S.Y.B.A	<i>Shankar</i>
13	Tawaze Rutuja	10691	S.Y.B.A	<i>Rutuja</i>
14	More Pratiksha	10692	S.Y.B.A	<i>Pratiksha</i>
15	Shinde Snehal Balu	15125	M.A. II	<i>S.Shinde</i>
16	Salunkhe Vishakha	15129	M.A. II	<i>VS</i>
17	Suryawanshi Sayali	15123	M.A. II	<i>Sayali</i>
18	Vaishali R. More	15132	M.A. II	<i>VB</i>
19	Durge Kirtivishwas	15122	M.A. II	<i>Durge</i>
20	Ashvini. B. Sawane	15099	M.A. I	<i>Ashvini</i>
21	NASARIN Balgawde	15100	M.A. I	<i>N.S. Balgawde</i>
22	Londhe Uttansha B.	15121	MA II	<i>UL</i>
23	Dombe pranoti pradeep	15097	M.A. I	<i>Pranoti</i>
24	Sonali Pandharinath Khale	15095	MA. I	<i>Sonali</i>
25	Jyoti Dhananjay Lawand	15102	MA. I	<i>Jyoti</i>

26	Mayuri Hanumant Kherd	15096	MA - I	Phorut
27	Dinya Sunil Garde	14966	MA - II	Snade
28	Patole Dhamashri Dilip	14963	M.A. II	Patole
29	Jadhav Rohini Shyam	14464	M.A. II	R.S. Jadhav
30	Dongare Snehal chintami	14468	M.A. II	Songare
31	Deshmukh paryata Kiran	14467	M.A. II	Deshmukh.P.K.
32	kamble Diksha Saijan	144066	M.A. II	Kamble
33	Ambure Pradali Santosh	10833	S.Y. B.A	Ambure
34	Bhoi Jayshri Subhash	11135	S.Y. BA	Jayshri
35	Phalke Vishakha	10846	S.Y. BA	Vishakha
36	Adesh Sawant	9746	F.T. BA	Adesh
37	Mayuri kokare	8685	B.Y.B.com	Kokare
38	Sayali Taware	10386	SYB.com	Taware
39	Sanket Janjire	10426	SYB/Com	Sanket
40	Pallavi Bhosale	10439	SYB.com	Pallavi
41	Akanksha Deshmane	10406	SYB.com	Akshmane
42	Mohite Arya	10440	Sy.B.com	Mohite
43	Bandal Siddhanti	10441	Sy.B.com	Bandal
44	Chavan Gayatri	10443	Sy.B.com	Chavan
45	Sayyed Nihal	10389	Sy.B.com	Sayyed
46	Mongal Muskan	8385	SY.B.com	M.M. Mongal
47	Khan Daniya	8404	Sy.B.com	Khan
48	Jamboli Tanveer	10388	SY.B.com	Jamboli
49	Londhe Tanuja	10683	S.Y. BA	Londhe
50	Gawali shruti	10690	S.Y. BA	S.N. Gawali
51	Kumbhar Kunal	11180	S.Y. BA	Kumbhar
53				
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55				
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Latitude: 18.1159373
Longitude: 74.579098
Accuracy: 1600.0 m
Time: 10-10-2022 12:00
Note: Guest Lecture - Dept. of Psychology, P...

10th Octo

Caption: Prof. Shinde delivering talk on