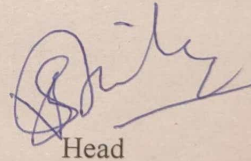


Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
(Autonomous)
Department of Psychology

A Report on Guest Lecture – Date 24th September 2022

On the 24th of September 2022, Mrs. Smita Shah, a distinguished expert from Spectrum Energizing Centre, graced our online Certificate Course on the "Growth & Development of Human Life Span," organized by the Department of Psychology. The topic was "Preparation of marriage- Mate selection and Need of Pre-marital counselling."

The focus of the lecture was on the critical aspects of preparing for marriage, specifically addressing mate selection and the significance of pre-marital counselling. Mrs. Shah delved into the intricacies of mate selection, emphasizing the psychological and emotional aspects that individuals consider when choosing a life partner. She explored the factors influencing these decisions, including personal values, compatibility, and long-term goals. The lecture included an engaging Q&A session where participants had the opportunity to seek personalized advice from Mrs. Shah. This interactive segment fostered a dynamic learning environment and allowed for the application of theoretical concepts to real-life scenarios.



Head

Dept. of Psychology & Yoga

Attendance .

Participants 24/09/2022 — Guest Lecture — Mrs. Smita Shah — Spectrum Energizing Center ✓

Ganesh Dhame (You)

Ganesh Dhame (Presenta

Rutik Bapurao Atole

Mandlik sakshi mahender

Bodare A.

Ingale jyoti lalaso

Vaishnavi yashwant sona

Sahil shaikh

Gaikwad Aarti kailas

Pathan Imran Tajuddin

Mote Abhishek Anand

Chavan jyoti Rajaram

Jeevan ramesh jagtap

Bankar Ashwini Ajit

Nilam Arun chavan

More Neha maruti

Gholap tejas rajendra

Survase Aniket Shahaji

Omkar indrajit chavan

Pharande Shubham Vilas

Gaikwad Aarti kailas

Pandiyā Nisha Santosh

Takawane sayali ravindra

Shivani hanumant ye

Pathan Imran Tajuddin

Bansode Tushar Sunil

Nakure sapanā Sanjay

Ingale jyoti lalaso

Vaishnavi yashwant sona

Sakshi Santosh taware

Swami om ganesh

Jagtap sonali Suresh

Samruddhi hanumant Gh

Prerana mahadev kamble

madane neha hanumant

Pathan Imran Tajuddin

Bhosale vishal vijay

Rutik Bapurao Atole

Interpretation of MMSE Scores:

Score	Degree of Impairment	Formal Psychometric Assessment	Day-to-Day Functioning
25-30	Questionably significant	If clinical signs of cognitive impairment are present, formal assessment of cognition may be valuable.	May have clinically significant but mild deficits. Likely to affect only most demanding activities of daily living.
20-25	Mild	Formal assessment may be helpful to better determine pattern and extent of deficits.	Significant effect. May require some supervision, support and assistance.
10-20	Moderate	Formal assessment may be helpful if there are specific clinical indications.	Clear impairment. May require 24-hour supervision.
0-10	Severe	Patient not likely to be testable.	Marked impairment. Likely to require 24-hour supervision and assistance with ADL.

Source:
 Folstein MF, Folstein SE, McHugh PR. "Mild-mental state: A practical method for grading the cognitive state of patients for the clinician." *J Psychiatr Res*. 1975;12:129-136.

Guest lecture - Mrs. Smita Shah, Spectrum Energizing Center.