



## **About the Author**



Dr. Vijaykumar Balbhim Shinde
(M.A. SET. Ph.D. Diploma in Yog Shikshak)
Head Department of Psychology,
Tuljaram Chaturchand College of Arts Science and Commerce,
Baramati Tal: Baramati Dist: Pune Pin 413102.

- Head Department of Psychology Tuljaram Chaturchand College of Arts Science and Commerce ,Baramati
- ❖ U.G. and P.G. Teaching Experience More than 18 Years
- ❖ In 2008 Qualified SET Examination
- ❖ In 2021 Completed Diploma In Yog Shikshak
- Participated in National and International Conferences
- \* Published More than 15 Research papers in International Journals.
- \* Handel Various Psychological Counseling Cases Since 10 Years.
- Guest Lectures on Mental Health, Personality Development, Stress Management, Interpersonal Relationship and Mobile Addiction and Effective Parenting.

Published by

.com 3101, Hillsborough St, Raleigh, NC 27607, United States.



Price: 250/-

Well Being of School Teachers

Dr. Vijaykumar Balbhim Shinde

## © 2023 by Author

All rights reserved. No part of this publication may be reproduced or transmitted, in any form or by any means, without prior permission of the author. Any person who does any unauthorized act in relation to this publication may be liable to criminal prosecution and civil claims for damages. [The responsibility for the facts stated, conclusions reached, etc., is entirely that of the author. The publisher is not responsible for them, whatsoever.]

ISBN-978-1-387-30015-0

Published by, Lulu Publication 3101 Hillsborough St, Raleigh, NC 27607, United States.

Printed by, Laxmi Book Publication, 258/34, Raviwar Peth, Solapur, Maharashtra, India.

Contact No.: 9595359435
Website: http://www.lbp.world
Email ID: apiguide2014@gmail.com

## CONTENT

NO.	TOPIC	PAGE NO.
1.	INTRODUCTION	1 to 22
2.	REVIEW OF THE LITERATURE	23 to 42
3.	RESEARCH METHODOLOGY	43 to 48
TO ALLE	DATA ANALYSIS RESULT AND	49 to 69
4.	DISCUSSION	49 10 09
5.	SUMMARY	70 to 73
	REFERENCES	74 to 79