

## Anekant Education Society's Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati

(Autonomous)

Department of Psychology

A Report on "World Suicide Prevention Day 2022"

Date: 13th September 2022

World Suicide Prevention Day (WSPD) was established in 2003 by the International Association for Suicide Prevention in conjunction with the World Health Organization (WHO). The 10th of September each year focuses attention on the issue, reduces stigma and raises awareness among organizations, government, and the public, giving a singular message that suicide can be prevented. "Creating hope through action" is the triennial theme for the World Suicide Prevention Day from 2021 - 2023. On this occasion Dept. of Psychology organized guest lecture on "Suicide Prevention: Need of Time" at 13th September 2022. The resource person for the program was Dr. Santaji Shelke, Psychiatrist, Manshanti Clinic, Baramati. The guest lecture was attended by 87 Students (56 Female and 31 Male) from F.Y., S.Y.; T.Y.B.A. (Psychology and Yoga) and M.A. (Psychology). The program was started at 11 a.m. in the morning. Mr. Milind Shah Wagholikar (Secretary, Anekant Education Society, Baramati.) was the chairperson of the program. The workshop started with the inaugural address of Dr. Shinde V. B. (Head, Dept. of Psychology) He welcomed the distinguished guests, faculty members and the participants. He explains the objectives and gave the overview of the program, Principal Dr. C. V. Murumkar addressed the gathering with inspirational quote about life. Ms. Divekar and Ms. Londhe students from TYBA were hosted the program.

Dr. Shelake explain the risk factors for suicide as stressful life events, lack of social belongingness, smoking, substance abuse, conflicting relationships and alienation, while simultaneously stressing on the point that Childhood experiences too have a considerable affect in leading up a person to commit suicide. He proceeded to explain the risk factors for suicide as stressful life events, lack of social belongingness, smoking, substance abuse, conflicting relationships and alienation. He gave an insight on the prevention tools such as psychotherapies which can be used to treat the patients with suicidal thoughts. He finally concluded the lecture with the motto "Creating hope through action", and left the stage open for questions from students. The Resource person for the workshop was immensely experienced and professional. The interactions made effective by giving some activities to students in all the sessions. He showed PPT presentation which were well organized. All the sessions were enjoyed thoroughly by the participants and they posted a lot of questions as a result of that the sessions had witnessed a lot of interaction. Prof. Awate J. N. offered vote of thanks.

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Head Dept. of Psychology



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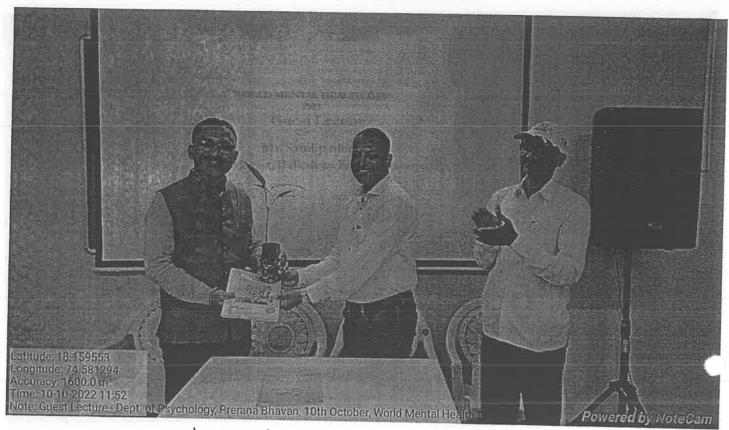
## Academic Year 2022-2023 "GUEST LECTURE ON SUICIDE PREVENTION DAY"

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10th Sept 2022 Celebration of Suicide Prevention Day



Celebration of World Mental Hearth Day.