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Anekant Education Society's
Tuljaram Cahturchand College of Arts, Science and commerce, Baramati
Autonomous

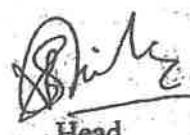
Department of Psychology

A Report on "World Mental Health Day 2022"

Date: 10th October 2022

World Mental Health Day (10 October) is an international day for global mental health education, awareness and advocacy against social stigma. It was first celebrated in 1992 at the initiative of the World Federation for Mental Health, a global mental health organization with members and contacts in more than 150 countries. This day, each October, thousands of supporters come to celebrate this annual awareness program to bring attention to mental illness and its major effects on peoples' lives worldwide. On this occasion Department of Psychology organized guest lecture on "Mansik Aroygayachi Gurukilli" at 10th October 2022. The resource person for the program was Mr. Sandip Prabhakar Shinde, Psychologist/ Counselor Balkalyan Kendra, Kasba, Baramati. The guest lecture was attended by 51 students (Females 35, Males 16) from SY, TYBA and MA. The lecture started with the inaugural address of Dr. V.B. Shinde (Head Dept. of Psychology) he welcomed the distinguished guests, faculty members and the participants. He explains the objectives and gave the overview of the program. Miss Sonali Khade from MA first year was hosted the program.

Mr. Sandip Shinde explains the mental health and its factors. He enlightened the students on managing emotions, stress and finding the ways to develop coping strategies to reduce the emotions and stress. He finally concluded the lecture with motto mental health for all and left the stage open for questions from students. The resource person for lecture was immensely experienced and professional. The lecture was enjoyed thoroughly by the participants and they posted lot of questions as a result of that the lecture had witnessed a lot of interaction. Prof. D.V. Londhe offered vote of thanks.


Head

Department of Psychology

Nitel
V.B.T.Y.A.C.
D.V.L.

26	Majuri Harumant Khand 1-096	100	24/04/2017
27	Dixya Sunil Gonde	144655	MA - I
28	Riddhi Dhamachin Dil	14468	MA - II
29	Tanhai Rohini Shyam	14464	M.A.II
30	Dongare Snehal Chintu	14468	19.A.F.T. Sonwane
31	Deshmukh Suyata Kavita	14467	M.A.II Deshmukh P.K.
32	Lambile Diksha Sayan	14456	19.A.II Okmole
33	Ambure Pandit Vinayak	10833	SY.BA Blundon
34	Bhoi Jayshri Subhash	1135	SY.BD 19.A.F.T
35	Phalkar Vishalika	10846	SY.BA Visakhel
36	Adesh Sanan	9946	FT.RA S.
37	Mayuri Kokare	8685	SY.B.com Ankore
38	Soyabi Taware	10386	SY.B.com Skware
39	Sanket Janjira	10426	SY.B.com S.
40	Pallavi Phosale	10939	SY.B.com Brode
41	Akanksha Deshmane	10406	SY.B.com Deshmane
42	Monite Arya	10440	SY.B.com Anitha
43	Bondol Siddhul	10441	SY.B.com Bondol
44	Chavan Gayatri	10003	SY.B.com S.
45	Sayyed Ninal	10399	SY.B.com Sethup
46	Mongal Muskan	8385	SY.B.com Mammozi
47	Khem Deviya	8404	SY.B.com Akten
48	Tomboli Tanveer	10388	SY.B.com Tomboli
49	Londhe Tanuja	10683	SY.BA Banita
50	Gawali Shanti	10630	SY.BA S.N.Gadoli
51	Kulkarni Vaishali	11180	SY.BI S.
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Anekant Education Society's
 Tuljaram Chaturchand College of Arts, Science and Commerce Baramati
 Department of Psychology
 Guest Lecture
 Speaker Mr. Sandip Shinde (Counselor Balkalyan Kendra, Baramati)

Date: - 10/10/2022

Sr.no	Name Of the Students	Roll no.	Class	Signature
1	Gaikwad Sayali	150992	MA I	Sayali
2	Bunkar Ashwini	11261	TY.BA	Ashwini
3	Arjun Bhagyaashree D.	16314	MSc II	D
4	Himadev Prabhakar Ahire	15128	M.A.II	Himadev
5	Kare Swapnil Shinde	15183	M.A.II	Swapnil
6	Pandhave Abhishek Ramesh	17577	TY.BA	Abhishek
7	Kaskar Ashwini Sunil	11582	TY.BA	Ashwini
8	Naghmare Pratiksha Sadotra	11428	TY.B.D.	Pratiksha
9	Khadse Nisha S.	11268	TY.BA	Nisha
10	Mandlik Tukshii Mohamed	11320	TY.BA	Tukshii
11	Gaikwad Pradnya	10885	SY.BA	Pradnya
12	Chapkar Chanchal	16687	SY.B.A	Chanchal
13	Tawde Rutuja	10691	SY.B.A	Rutuja
14	More Pratiksha	10692	SY.B.A	Pratiksha
15	Shinde Snehal Balu	15125	M.A.II	Snehal
16	Salunkhe Vishalkaba	15129	M.A.II	Vishalkaba
17	Suyalanshi Sayali	15123	M.A.II	Sayali
18	Vaishali R. More	15132	M.A.II	Vaishali
19	Durge Kirti Vishwas	15122	M.A.II	Durge
20	Ashvini B. Sawane	15099	M.A.I	Ashvini
21	Wasanin Bagawne	15100	M.A.I	Wasanin
22	Londhe Uttamsha B.	15121	M.A.I	Uttamsha
23	Dombe Paroti Pradeep	15097	M.A.I	Paroti
24	Sonali Pandharipande Khatri	15095	M.A.I	Sonali
25	Jyoti Dhananjay Lawand	15102	M.A.I	Jyoti