

Date:-30.12.2022

Report of Guest Lecture on 'Mental Health and Hygiene for girls'

The Department of Commerce organized a **Guest Lecture on 'Mental Health and Hygiene for girls'** on 30th December, 2022. The resource person was Mrs. Smita Shah, Psychologist and Counsellor, Baramati. This Guest Lecture was organized to aware girls about mental health and hygiene. Firstly, Prof. Puja A. Vhora welcomed the guests and briefed about the aims and objectives of the Guest Lecture through his introductory speech.

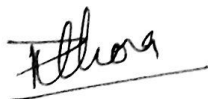
Her lecture was very informative for all the girls. She spoke on the topic psychological issues, hygiene habits, the stress and shame associated with menstruation, unhygienic sanitation etc.

She started the lecture with active participation and boosted the confidence level of the girls. She talked on positive attitude and confidence, she took many activities such as meditation and made the session more interactive. She also solved the doubts of girls and removed the fear from the minds of girls.

During the lecture there was a very good response from the participants. Total 119 girls and faculty members of department of commerce attended the lecture. The lecture ended with an interactive session with girls and vote of thanks by Dr. Reshma M. Pathan. The entire activity was organized and conducted by Prof. Puja A. Vhora. We are very much thankful to the Principal Dr. Chandrashekhar V. Murumkar for providing an interactive platform.

Thank You,

With Warm Regards,

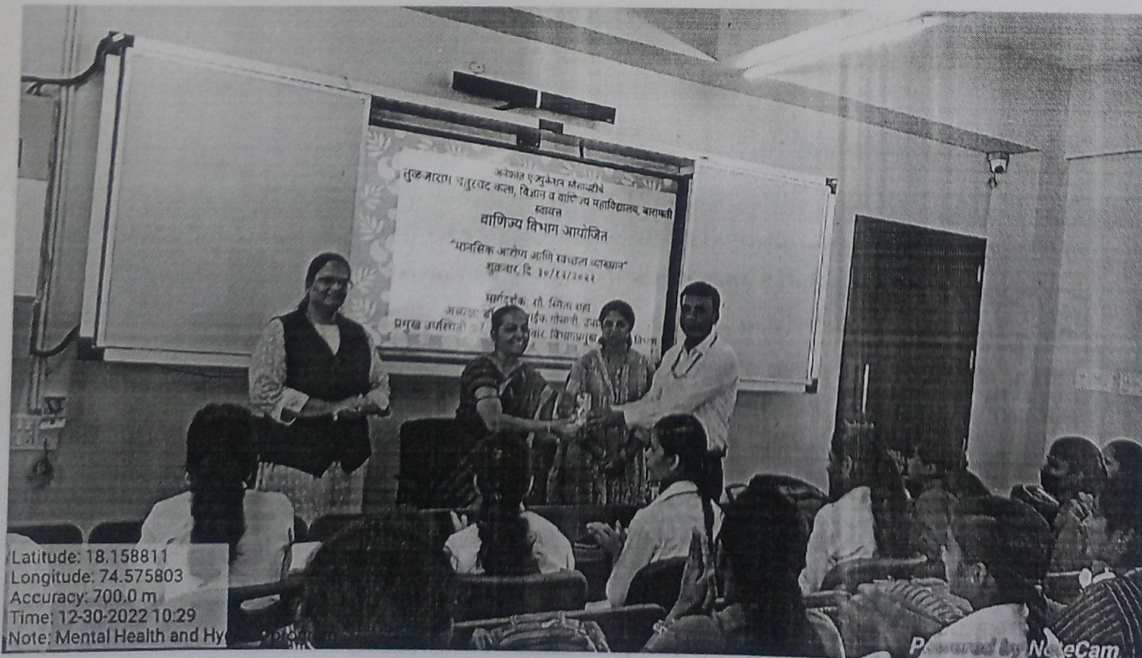


Prof. Puja A. Vhora
Activity Co-ordinator



Dr. Janardhan K. Pawar
Head, Department of Commerce

Snaps of Guest Lecture on 'Mental Health and Hygiene for girls'



Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
Autonomous
Department of Commerce

Guest Lecture on 'Mental Health and Hygiene for Girls'

On Friday, 30th December, 2022

Feedback form

Name of the Student - Mali Anjali Dhanaji

Class of the student - T.Y.B-com

Roll No. of the student - 10559

Question	Total agree	Agree	Neutral	Total disagree	Disagree
Usefulness of the contents	✓				
Interactive skill of the speaker		✓			
Planning of the program was excellent	✓				
Students knows lot of things	✓				
Total Lecture was very good & interactive	✓				


Signature of the student

Autonomous
Department of Commerce

Guest Lecture on 'Mental Health and Hygiene for Girls'

On Friday, 30th December, 2022

Feedback form

Name of the Student – Mulani Katinga mansur

Class of the student – T.Y.B.com (Commerce)

Roll No. of the student – 10565

Question	Total agree	Agree	Neutral	Total disagree	Disagree
Usefulness of the contents	✓				
Interactive skill of the speaker		✓			
Planning of the program was excellent	✓				
Students knows lot of things	✓				
Total Lecture was very good & interactive	✓				

Mulani

Signature of the student

Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
Autonomous
Department of Commerce

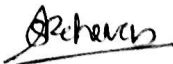
Guest Lecture on 'Mental Health and Hygiene for Girls'

On Friday, 30th December, 2022

Feedback form

Name of the Student – Charan Siddhi Rajendra
Class of the student – T.Y.B.com
Roll No. of the student – 17837

Question	Total agree	Agree	Neutral	Total disagree	Disagree
Usefulness of the contents	✓				
Interactive skill of the speaker	✓				
Planning of the program was excellent	✓				
Students knows lot of things	✓				
Total Lecture was very good & interactive	✓				


Signature of the student

Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
Autonomous
Department of Commerce

Guest Lecture on 'Mental Health and Hygiene for Girls'

On Friday, 30th December, 2022

Feedback form

Name of the Student – Pise pooja Ganesh

Class of the student – T.Y.Bcom (A)

Roll No. of the student – 8831

Question	Total agree	Agree	Neutral	Total disagree	Disagree
Usefulness of the contents	✓				
Interactive skill of the speaker		✓			
Planning of the program was excellent		✓			
Students knows lot of things			✓		
Total Lecture was very good & interactive		✓			

Pise

Signature of the student

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Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
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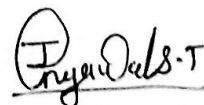
Guest Lecture on 'Mental Health and Hygiene for Girls'

On Friday, 30th December, 2022

Feedback form

Name of the Student - Ingawale Sandhya Tanaji
Class of the student - TY.BCOM, Division - 'B'
Roll No. of the student - 8980

Question	Total agree	Agree	Neutral	Total disagree	Disagree
Usefulness of the contents	✓				
Interactive skill of the speaker	✓				
Planning of the program was excellent	✓				
Students knows lot of things	✓				
Total Lecture was very good & interactive	✓				



Signature of the student

Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
Autonomous
Department of Commerce

Date: 22nd December 2022

To,
The Principal,
Tuljaram Chaturchand College of Arts, Science and Commerce,
Baramati, Dist. Pune

Subject: Permission to organize expert lecture on "Mental Health and Hygiene for girls"

Respected Sir,

With reference to above mentioned subject, we at department of commerce are planning to organize an expert lecture on "Mental Health and Hygiene" for T.Y B.Com Girls. We have words with Mrs. Smita Shah, Psychologist and Counsellor as a resource person. She has already communicated her consent for the same. The proposed day and date of the lecture is Friday, 30th December 2022 between 10:00 am to 11:30 am.

We therefore request you to grant us the permission for the said lecture also grant Rs. 1,500/- as remuneration of the resource person.

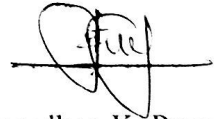
Kindly cooperate and oblige.

Thank You.

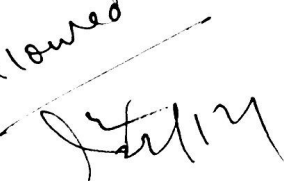
With Regards,



Prof. Puja A. Vhora
Activity Co-ordinator



Dr. Janardhan K. Pawar
Head, Department of Commerce

Allowed


**Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce
Baramati
Autonomous
Department of Commerce**

NOTICE

Date- 28/12/2022

This is to inform all the Girls of TY B. Com and M. Com Part I & II that the department of commerce is organized a guest lecture on “**Mental Health and Hygiene for Girls**”. The details are as follows:

Day and Date: Friday, 30th December 2022

Resource: Mrs. Smita Shah

Venue: Prerana Bhavan Seminar Hall

Time: 9.45 am

Note: Attendance is compulsory



Prof. Puja A. Vhora
Co-ordinator



Dr. Janardhan Pawar
Head, Department of Commerce



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॥ सिद्धिरनेकान्तात् ॥

Anekant Education Society's

TULJARAM CHATURCHAND COLLEGE

of Arts, Science and Commerce, Baramati, 413102

(Autonomous Institute)

Dr. Chandrashekhar V. Murumkar

PRINCIPAL

Life Time Achievement Awardee

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principal.tcccollege@gmail.comWebsite : www.tcccollege.org
☎: (02112) 222405, 223635 Fax : (02112) 222728

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• UGC - B. Voc. Programme

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Ref. No. AES/TCC/ Gen. 1700Date :- 23 DEC 2022

To,
Mrs. Smita Shah,
Psychologist and Counsellor,
Baramati.

Sub- Invitation for a Guest Lecture on 'Mental Health and Hygiene for girls'

Respected Sir,

As a part of social and crosscutting issues, the Department of Commerce, of T. C. College, Baramati is planning to organize a guest lecture on 'Mental Health and Hygiene for girls' on Friday, 30th December, 2022 at 10.00 a.m. Accordingly, we are inviting you to deliver a lecture for the T..Y. B. Com Girls.

We would be grateful to you if you kindly accept the invitation and guide our students. We therefore request you to accept our invitation and deliver your valuable thoughts.

Awaiting your positive reply.

With regards,


Principal



Received


Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce, Baramati, Dist. Pune
Autonomous

Department of Commerce

Guest Lecture on Mental Health and Hygiene for Girls

Friday, 30th December, 2022

Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Jadhav Jaxmi Bhimappa	S4Bcom	E	Jaxmi
2	shaikh sabanabi mehbub	SyBcom	E	shaikh
3	Sorate Payal Dhananjay	S4Bcom	E	Sorate
4	KShirsagar Sakshi Dattatray	S4Bcom	C	S Shirsagar
5	Gaikwad Shrutemi Balaso	S.Y.Bcom	D	Shrutemi
6	Taware Dayali Sachin	S.Y.Bcom	C	Taware
7	Kalgaonkar Shivani Sunil	S.Y.B.com	C	Shivani
8	Sul Kalyani Vitthul	S.Y.B.com	E	Sul
9	Sawant Rutuja Kisan	S.Y.B.com	E	Sawant.Rt.
10	Shruti Sanjay Chavan	S.Y.Bcom	C	Shruti
11	Sonali Raju Borate	Sy.Bcom	C	Sonali
12	Bhilare Shubhangi	T.Y.B.com	B	Bhilare
13	Lonkar Kajal Balasubhab	T.Y.B.com	A	Lonkar
14	Chauhan Kiran Ashok	T.Y.B.com	A	Chauhan
15	Kadam Rutuja Gajanan	S.Y.B.com	A	Kadam
16	Jawale Harshda Santosh	T.Y.B.com	B	Jawale
17	Jadhav Ankita Ram	T.Y.B.com	B	Jadhav
18	Gawade Mansi Balaso	T.Y.B.com	B	M.Gawade
19	Paokale Nikita Navnath	Ty.b.com	B	Paokale
20	Wable Komal Sandip	T.Y.b.com	A	Wable
21	Gadekar Gaumi Mahaden	T.Y.b.com	A	Gadekar
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Anékant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce, Baramati, Dist. Pune
Autonomous

Department of Commerce

Guest Lecture on Mental Health and Hygiene for Girls

Friday, 30th December, 2022

Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Gaikwad Neha Appasaheb	TY.B.com	C	Gaikwad A
2	Pragati Vishnu Bansode	TY.B.Com	A	Pragati
3	Shaha Esha suraj	TY.B.com	E	E. S shaha
4	Doshi Sneha Mahendrakumar	T.Y.B.com	E	Sneha
5	Chavan Siddhi Rajendra	T.Y.B.com	E	Siddhi
6	Attar Hina lala	T.Y.B.com	E	Hina
7	Jagtap Tejal shivaji	T.Y.B.com	E	Jagtap
8	Pise Pooja Ganesh	T.Y.B.com	A	Pise
9	Raut pratiksha Rupesh	T.Y.B.com	C	P. Raut
10	Bansude kanchan sukhdev	TY.b.com	D	Bansude
11	Karadi Divy Divya Dasharath.	ty b.com	C	(Karadi: D.D)
12	Shaha sakshi mahavir.	Ty b.com	C	Shaha.
13	Baravakar Aarti Dadaso	Ty b.com	E	Aarti.
14	kumbhar vaishnavi suryakant.	Ty b.com	C	Vgk.
15	shinde Ankita Bharat	Ty b.com	C	Ankita
16	Algude Ishwari Balasaheb	-11-	C	Algude
17	Mokashi Mitali Mahesh	-11-	C	Mitali
18	Wable Trupti Satish	T.Y.b.com	E	Wable
19	Kulkarni Poojima Shrikrishna	T.Y.B.com	E	Pfle
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Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce, Baramati, Dist. Pune
Autonomous

Department of Commerce

Guest Lecture on Mental Health and Hygiene for Girls

Friday, 30th December, 2022

Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Gaikwad Prajakta sukhdeo	T.Y.b.Com	D	<u>Prajakta</u>
2	Gandhi Divya Smdosh	T.Y.b.Com	A	<u>Divya</u>
3	Nagarkar shrawti Mahendra	T.Y.b.Com	A	<u>Shrawti</u>
4	Sakshi Kalyandas Kharat	T.Y.B.Com	B	<u>Sakshi</u>
5	Sawant Tanisha Jotiba	T.Y.b.Com	A	<u>Tanisha</u>
6	Mulani Simran Tsak	T.Y.B.Com	C	<u>Simran</u>
7	Wagh Sakshi Pramod	T.Y.B.Com	C	<u>Sakshi</u>
8	kumbhar sakshi Anil	T.Y.B.Com	C	<u>Sakshi</u>
9	Sonawane Anjali Dattatray	T.Y.B.Com	D	<u>Anjali</u>
10	Rangar Rajandini Hari	T.Y.B.Com	B	<u>Rangar</u>
11	Sakshi Anil Jadhav	T.Y.B.Com	D	<u>Sakshi</u>
12	Bhagat Aayasha Anil	T.Y.B.Com	B	<u>Bhagat</u>
13	Chandgude prajwal Hamishchandra	T.Y.B.Com	B	<u>Pchandgude</u>
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Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce, Baramati, Dist. Pune
Autonomous
Department of Commerce
Guest Lecture on Mental Health and Hygiene for Girls
Friday, 30th December, 2022
Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Bhoptae pradnya Suresh	Ty.b.com	D	Bhoptae
2	Sawant Rutika Chandrakant	T.y.b.com	C	Ruwant
3	Kshirsagar Payal Satish	T.y.b.com	D	Payal.K
4	Tanjali Anjali Sanjay	T.y.b.com	B	Anjali
5	Lonche Nilam Sukhader	T.y.BCom	D	Lonche
6	Salunke Aishwarya Vilas	SY.Bcom	B	Salunke
7	Waghmare Mayuri Sopan	SY.Bcom	E	Mayuri
8	Kale revati Gajanan	subcom	C	Kale.R.
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Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce, Baramati, Dist. Pune
Autonomous

Department of Commerce

Guest Lecture on Mental Health and Hygiene for Girls

Friday, 30th December, 2022

Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Palange Sakshi Vinod	T.Y.Bcom	A	
2	Kedar Vrushali Gharshikant	T.Y.Bcom	A	
3	Taware Rutuja Balasa	T.Y.Bcom	B	
4	Wanve Madhuri Lalasa	T.Y.Bcom	A	
5	Sayyad Muskan Sultan	T.Y.B.com	A	
6	Martad Pragati Prakash	T.Y.Bcom	A	
7	Vora Shruti Sachin	T.Y.Bcom	A	S.S.vora
8	Doshi Nidhi Shitalkumar	T.Y.B.com	A	NSDoshi
9	Ingawale Sandhya Tanaji	TY.Bcom	B	
10	Wakale Shradha Popat	TY B.Com	B	Shakale
11	Pise Dipali Datta	T.Y.Bcom	B	D.D.Pise
12	Zogade Kajal Kashinath	T.Y.Bcom	A	Zogade.k.
13	Zogade Supriya Shahajirao	T.Y.Bcom	B	Zogade.
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Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce, Baramati, Dist. Pune
Autonomous

Department of Commerce

Guest Lecture on Mental Health and Hygiene for Girls

Friday, 30th December, 2022

Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Kumbhar Vaishnavi Rajendra	T.Y. B.com	D	Vaishnavi
2	Shaiikh Nilba Nazir	T.Y. B.com	D	Nilba
3	Jamble Rutuja Ganesh	T.Y. B.com	B	Rutuja
4	Basal shweta Sameer	T.Y. B.com	B	Shweta
5	Shapkar Pratiksha Rajendra	T.Y. B.com	B	Pratiksha
6	Jarad Tejal Satish	T.Y. B.com	D	Tejal
7	Shinde Pratiksha vikas	T.Y. B.com	B	P.v.shinde.
8	Jagtap Priyanka Prabhakar	T.Y. B.com	A	P.P.Jagtap
9	Mali Anjali Dhanaji	T.Y. B.com	C	Anjali
10	Boradkar Snehal Satish	T.Y. B.com	C	Snehal
11	Mulani Karina Mansur	T.Y. B.com	C	Karina
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T.Y.B.com

Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce, Baramati, Dist. Pune
Autonomous

Department of Commerce

Guest Lecture on Mental Health and Hygiene for Girls

Friday, 30th December, 2022

Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Sarode Pooja Baban	T.Y.B.com	A	
2	Mhaske Aishwarya Mohan	T.Y.B.com	A	
3	Nanaware Akanksha Dadaram	T.Y.B.com	A	
4	Pandhare Nikeeta Bejirang	T.Y.B.com	A	
5	Kattkar Srushti Prakash	T.Y.B.com	A	
6	Shende Trupti Jaysingh	T.Y.B.com	A	
7	Shinde Pooja Dadasaheb	T.Y.B.com	B	
8	Yadav Mayuri Santosh	T.Y.B.com	B	
9	Shirke Mayuri Rajaram	T.Y.B.com	D	
10	Ladkat Preena Anil	T.Y.B.com	D	
11	Gadade Pranali Sandip	T.Y.B.com	D	
12	Dalavi Siddhi Dnyaneshwar	T.Y.B.com	B	
13	Jadhav Sakshi Anil	T.Y.B.com	D	
14	Gadase Sandhya Shrirang	T.Y.B.com	D	
15	Sharma Seema Jamanlal	T.Y.B.com	D	
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Department of Commerce

Guest Lecture on Mental Health and Hygiene for Girls

Friday, 30th December, 2022

Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Gauri Pandurang Patil	S.Y.B.com	C	G.Patil
2	Manisha Kanhaiya Pal	S.Y.B.com	C	Manisha
3	Rucha Sunil Sahani	S.Y.B.Com	C	R.Sahani
4	Pooja Sawata Borate	S.Y.B.com	E	Borate P.S.
5	Shreya Shrikant Sundeekamutha	S.Y.B.com	A	Sshreyad
6	Bhosale Siddhi Raghuvir	S.Y.B.COM	A	Bhosale
7	Wagh Mayuri Popat	S.Y.B.com	A	M.P.Wagh
8	Durande Gayatri Ramdas	S.Y.B.com	A	Durande
9	Asalkar Gauri Subhash	S.Y.B.com	C	Asalkar
10	kamble sakshi ajit	S.Y.B.com	C	sakamble
11	Gadekar shroddha Prakash	S.Y.B.com	C	Gadekar
12	Tadhav veena Avinash	S.Y.B.com	C	Veena
13	Utavali sakshi sanjay	S.Y.B.com	C	Utavali
14	shinde Anushka sandip	S.Y.B.com	E	A Shinde
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Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science & Commerce, Baramati, Dist. Pune
Autonomous

Department of Commerce
Guest Lecture on Mental Health and Hygiene for Girls
Friday, 30th December, 2022
Attendance Sheet

Sr.No.	Name of Students	Class	Div.	Sign.
1	Dalvi Siddhi Dnyaneshwar	T.Y. B.com [B]	[B]	
2	Priya Dadaso Kheundale	T.Y. B.com	[B]	
3	Yagita Anil Ghorpade	-U-	(A)	
4	Awanti Rahul Thorat	T.Y. B.Com	D	
5	Parina Santosh Kumbhar	T.Y. B.com	D	
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Anekant Education Society's

TULJARAM CHATURCHAND COLLEGE

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(Autonomous Institute)

Dr. Chandrashekhar V. Murumkar
PRINCIPAL

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● UGC - CPE Status

● Best Principal Awardee-SPPU

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● UGC - B. Voc. Programme

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Ref. No. AES/TCC/Gen. 1308

Date: 30 DEC 2022

To,

Mrs. Smita Shah,

Psychologist and Counsellor,

Baramati.

Sub- Letter of thanks

Respected Sir/Madam,

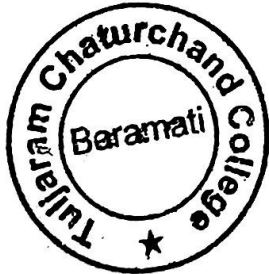
As a part of social and crosscutting issues, the Department of Commerce, of T. C. College, Baramati organized a guest lecture on 'Mental Health and Hygiene for girls' on Friday, 30th December, 2022 at 10.00 a.m., accordingly, you delivered a thought provoking lecture on 'Mental Health and Hygiene for girls' for TY B. Com students.

We are very thankful to you for accepting the invitation and guiding our students. Your guidance would definitely helpful to our students in days to come.

Thanking you,

With regards,

Dr. A. K. Murumkar
Principal



Conc.

[]

Juljaram Chaturchand College of Arts,
Science and Commerce, Baramati

Department of Commerce

Guest Lecture on Mental Health and Hygiene
for girls

Date - 30th Dec, 2022

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Arrangement & Response of all members,
& students was excellent.

Feel very happy while interacting with students.

Thanks for arranging such nice program by
your department.

Thank you.

~~Smita~~
Smita Shah