

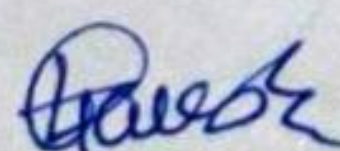
**A Report on Four-day Online Workshop on "Basic Counseling Skills" Organized by the
Dept. of Psychology under Entrepreneurship Development Cell along with NEA Life
Centre for Behavioral Sciences and Skill Development , Pune.**

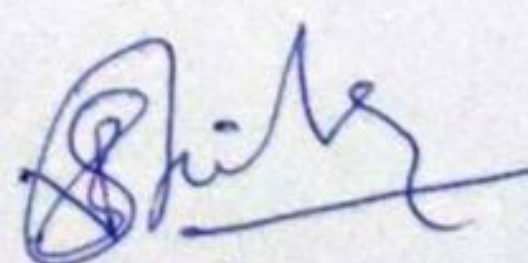
Date: 10th Nov. 2020 to 13th Nov. 2020

A four-day workshop on "Basic Counseling Skills" was jointly organized by Dept. of Psychology under Entrepreneurship Development Cell along with NEA Life Centre for Behavioral Sciences and Skill Development, Pune from 10th Nov. 2020 to 13th Nov. 2020. This four-day workshop was scheduled from 4.00 p.m. to 6 p.m. each day. The workshop was attended by 43 Students (14 Male and 29 Female) from S.Y.; T.Y.B.A. and M.A. (Psychology). The workshop was started on 10th November, 2020. Dr. Shinde V. B. (HOD, Dept. of Psychology) explain the objectives and gave the overview of the workshop. Dr. Dhame G. M. hosted the program.

In the first session of the workshop, Mr. Santosh Janrao, Assistant Professor NEA Life Centre for Behavioral Sciences and Skill Development, Pune gave the overview of Mini-Mental Examination. The resource person for the second session was Dr. Vishal Ghule (Head, NEA Life Centre for Behavioral Sciences and Skill Development, Pune). The session aimed at making the audience aware of the importance of listening skills in the process of counseling. Dr. Ghule interactively goes through the session. This made sure that everyone gets a clear perspective for the long run. In the Third session, Ms. Dipali Raut, Psychologist, NEA life, Pune extensively discussed about the Empathy and related skills. All the factors related to the topic were addressed. On the fourth and last day on 10th Nov, 2020, Dr. Vishal Ghule took the session on Procrastination with the use of practical day to day life examples.

The staff who took the workshop was immensely experienced and professional. The interactions made sure that there was no low point in the sessions. They showed presentations on various case study forms which was useful in the counseling process. It was very informative and interactive. As the new career options emerge, new skills are demanded in the field of psychology and a student needs to be aware of these advancements. This workshop here acted as a future path for the students that can be made aware of the changes in advance so as to acquired these skills accordingly and be prepared for the upcoming changes. It was indeed a share worthy experience. All the sessions were enjoyed thoroughly by the participants and they posted a lot of questions as a result of that the sessions had witnessed a lot of interaction. Dr. Shinde expressed their satisfaction on successful conduct of the workshop and complimented all the participants for their active present and interaction. The formal vote of thanks was offered to all by Prof. Awate J. N.


Coordinator of the Workshop


Head
Dept. of Psychology

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