



CURRICULUM VITA

1. Name : Dr. Shinde Vijaykumar Balbhim
2. Educational Qualification : M.A. SET, Ph. D, Dip.in Yog Shikshak
3. Name of The College: Tuljaram Chaturchand College of Arts Science and Commerce, Baramati
(Empowered Autonomous)
4. Present Designation : Associate Professor and Head Department of Psychology
5. Date of Birth : 02/06/1981
6. Contact number : Office : 02112-222405 Mobile : 9881907092
Whats App: 7588945168
7. Email ID : vbswonder@gmail.com
8. Date of Appointment : 03/06/2008
9. Teaching Experience: 21th Years
10. Date of Joining in Present College: 19/07/2004
10. Educational Qualification:

Sr. No	Examination Passed	University/Board	Year of passing	Subject	Class / Grade obtained
1	B.A./B.Com./B.Sc.	SPPU	2002	Psychology	First
2	M.A./ M.Com./ M.Sc.	SPPU	2004	Psychology	Second
3	SET	SPPU	2008	Psychology	Qualify
4	Ph.D.	SPPU	2017	Psychology	Awarded
5	Diploma in Yog-Shikshak	YCMOU	2020	Yoga	First Class With Distinction

11. Total Research Publications: 12

a. M.Phil. / Ph.D./Research

Sr. No.	M.Phil./ Ph. D. Thesis Title	Name of The Univ.	Year of award	Name of Guide
	Job Satisfaction, Self-Concept, Emotional Adjustment and Subjective Well-being of School teachers.	Pune University	2017	Dr.Deshmukh N.V.

b. Book:

Sr. No.	Title of Book	Year of publication	ISBN	Name & Place of Publisher
1	Well Being of School Teachers	2023	978-1-387-30015-0	Lulu Publication, United State

C. Chapter in Book:

Sr. No.	Title of Book & Name of Editor	Title of the Chapter	Year of publication	ISBN	Name & Place of Publisher
1	Health Life Style Management and Yoga	Meditation	2023	978-81-19338-62-7	AG Publishing House Bhopal M.P.

D. Research Paper:

Sr. No.	Title of the Paper	Name of Journal	Month and Year of publication	ISBN	UGC. No./Impact Factor/ Citation
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					Details
1.	Sexual Anxiety Sexual Attitude and Attitude Towards Sex Education among Under Graduate College Students	B. Aadhar Peer Reviewed and Refereed Indexed Multidisciplinary International Research Journal	December 2022	ISSN:2278- 9308	Impact Factor- 8.575
2.	किशोर अवस्थेतील मुलांचा एकाकीपणा आणि समुपदेशनाची गरज यांचा अभ्यास	Worldwide international Inter Disciplinary Research Journal (A Peer Reviewed)	December 2022	ISSN:2454- 7905	Impact Factor- 7.479
3	Emotional Maturity as a Predictor of Resilience in adolescence	IJFANS International Journal of Food and Nutritional Sciences	December 2022	ISSN:2319- 1775 Online:2320- 7876	UGC Care Listed December 2022
4	Meta Cognitive Skill, Social and Emotional Maturity among Adolescence	इतिहासाचार्य वि.का.राजवाडे मंडळ ,धुळे या संस्थेचे त्रैमासिक “संशोधक” पुरवणी अंक	December 2022	ISSN:2394- 5990	UGC Care Listed December 2022
5	Mental Health Job Satisfaction and Role Stress of College Teachers	Journal of Research and Development A multidisciplinary International Level Referred Journal	February 2023	ISSN:2230- 9578	Impact Factor- 7.265
6	Impact of social networking addiction on adolescent's health,	The International Journals of Indian psychology Vol. No. 6, Issue 2 pp 102-108.	2018	ISSN: 2349- 3429	Nil
7	Job Satisfaction and subjective wellbeing of school teachers.	International Recognition Multidisciplinary Research Journal, Vol.5, Issue 5: 62- 67.	2016	ISSN:2249- 894X	3.1402 (UIF)

8	Correlation Between Sports Specific Personality and Achievement Motivation of Male Kabaddi Players.	Research Journey International E-Research Journal, special issues-99(B)	2019	ISSN:2348-7143	6.261
9	Impact of Social Networking Addiction on Mental health of College Students.	An international multidisciplinary Quarterly Research Journal, Vol.3, Issue-I	2019	ISSN: 2277-5730	5.5
10	Human Rights Awareness of Lawyers,	Women Empowerment Challenges and Solution. Conference Proceeding	2018	ISBN:978-93-88158-02-2	Nil
11	Anxiety Depression and Stress level among the unemployed youth in covid-19 pandemic situation	Review of research international online multidisciplinary journal.	2021	ISSN2249-994X	5.7631(UIF)
12	प्रथम वर्षाच्या विध्यार्थ्यांमधील शैक्षणिक ताण तणावाचा सामना करण्याच्या तंत्राचा सहसंबन्ध	Review of Research international recognition multidisciplinary research journal.	January 2025	2249-894X	5.7631 (UIF)

	अभ्यास				
13	Correlational Study of Academic Stress and Parental Expectations Among NEET Preparing Students	Phonix International Journal For Psychology and Social Science	February 2025	2456-5180 (Online)	3.489
14	Association Between Social Networking Addiction and Sleep Disturbance among Adolescence	International Education and Research Journal	February 2025	2454-9916	

e. Research Project:

Sr. No.	Name of Funding Agency	Project Title	Funds Received	Month and Year of sanction	Duration of the Project	Status of Project
	Nil	Nil	Nil	Nil	Nil	Nil

E. Paper presented in Seminar / Conference

Sr. No.	Name of the Conference/ Seminar	Title of the paper	Date	Level (State/ National/ International)	Name of the Organizer
1	Marathi Manashatra Parished	Sexual Anxiety and Mental Health in girls with polycystic ovary syndrome.	3 rd & 4 th February 2023	State	Pancham khemraj mahavidyalaya, Sawantwadi Tal : Sawantwadi Dist: Pune
2.	Conference on Psychology Beyond Horizon	Mental Health, Job Satisfaction	30 th Aug. to 01 st	International	Jai Narain Vyas University Jodhpur Rajasthan

		and Role Stress of College Teachers.	Sep.2017		
3	National Conference on Psychotherapies and Health.	To Study the Isolation and Need of Counseling for Adolescents,	30 th and 31 th Jan.2018	National	Maharaja Sayajirao Gaikwad Arts, Science and Commerce College, Malegaon Camp Nashik

12. Research Guidance: a) Guide ship Details

Sr. No.	M.Phil./ Ph.D. Guide	Name of University	Month & Year of recognition	No. of Research Scholars	
				Completed	Perusing
1	Ph.D.	Savitaribai Phule Pune University	22/05/2023		

b. Research Guidance

Sr.No.	Name of Scholar	Name of University	Month and Year Registration	Title of the Research
1	Nil	Nil		

13. Professional recognition/award /fellowship etc.

Sr. No.	Name of Award/ Recognition	Awarding Agency	Date
1	Nil	Nil	

14. E-content Development

Sr. No	Title of Content	Level (UG/ PG / ALL)	Platform	Link of E-Content
1	Carrier in Psychology	All	YouTube	https://youtu.be/5Zu-RvNOJ-A?si=GuKLn7E0Phv8L-8p
2	Mobile Child and Parents	All	You Tube	https://www.youtube.com/live/G2RR1MOpDtA?si=Gd6JvbVy0Pk6HAuA

15. Work Experience on Academic Bodies and other

Sr. No.	Designation/ Position	Duration	Name of Institute / University	Details
1	Chairman	2019 to 2023	Tuljaram Chaturchand College of Arts Science and Commerce ,Baramati	Board of Study in Psychology and Yoga
2.	Member	2019 to 2023	Tuljaram Chaturchand College of Arts Science and Commerce ,Baramati	Academic Council
3	Member	2023 to till date	Savitribai Phule Pune University, Pune	Board of Studies in Psychology

16. Life Membership of Professional Bodies:

Sr. No.	Name of Professional Body
1.	Marathi Manasshastra Parishad Maharashtra

17. Orientation /Refresher/ Short Term / FDP / Other course Attended:

Sr. No.	Orientation /Refresher course	Name of Institution/ University	No. of Days	Dates From-To	Subject
1	Orientation Course	Kumaun ,Nainital	28	12/3/2009 to 10/4/2009	General Orientation
2	Refresher Course	Punjabi, Patialia	21	3/10 /2013 to 23/10/2013	Social Sciences
3	Refresher Course	Lucknow University	14	17/01/2020 to 30/01/2020	Education, Physical Education and Psychology.

4	Refresher Course	Teaching Learning Center, Ramanujan College University of Delhi	16	30/01/2021 To 14/02/2021	Online Refresher Course on: Advanced Research Methodology Tools and Technique.
5	Faculty Development Programme	Teaching Learning Center, Ramanujan College University of Delhi	07	07/12/2020 to 13/12/2020	Online Faculty Development Programme on: Systematic Literature Review and Meta Analysis
6	Faculty Development Programme	Teaching Learning Center, Ramanujan College University of Delhi	07	18/02/2021 to 24/02/2021	Online Faculty Development Programme on: Academic Writing
7	Faculty Development Programme	Teaching Learning Center, Ramanujan College University of Delhi	07	01/06/2021 to 07/06/2021	Psychological Skills for Effective Teaching and Learning
8	Faculty Development Programme	Teaching Learning Center, Ramanujan College University of Delhi	07	25/06/2022 to 01/07/2022	Advanced Pedagogical Techniques
9	Faculty Development Programme	MSFDA and IPH	05	11/07/2022 to 15/07/2022	Pradnya Parisar

		Dr.Babasaheb Ambedkar Technological University,Lonere Raigad			
10	Faculty Development Programme	Teaching Learning Centre, Ramanujan College University of Delhi	07	27/02/2023 To 05/03/2023	Babasaheb Ambedkar and his Visionary India: From Perception to inception

17. Any other Attainment: Consultancy Services:

- 1) Provide Counseling Services for the students and other stockholders since 15 Years.
- 2) Psychological Testing assessment.



Dr. Shinde Vijaykumar Balbhim
(Name and Signature)

Academic Profile



Dr. Vijaykumar Balbhim Shinde

Assistant Professor & Head, Department of Psychology

Tuljaram Chaturchand College of Arts, Science, and Commerce, Baramati

Educational Qualifications:

- Ph.D. in Psychology, Savitribai Phule Pune University (2017)
- M.A. in Psychology, Savitribai Phule Pune University (2004)
- Diploma in Yog Shikshak, YCMOU (2020)

Academic Experience:

- 19 years of teaching experience
- Research Guide for Ph.D. at Savitribai Phule Pune University

Research & Publications:

- 12 Research Papers published in UGC Care and peer-reviewed journals

- 1 Book on Well Being of School Teachers (2023)
- 1 Book Chapter on Meditation (2023)

Conference Presentations:

- Presented research at state, national, and international conferences

Professional Contributions:

- Member, Board of Studies in Psychology, SPPU
- Chairman & Member, Board of Studies in Psychology & Yoga, TCC Baramati

Faculty Development & Training:

- Completed multiple Orientation, Refresher, and FDP programs from leading institutions

Additional Contributions:

- Counseling Services for students and stakeholders (15+ years) Psychological Testing & Assessment

Dr. Shinde Vijaykumar Balbhim



(Name and Signature)