

**Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
Autonomous**

**Department of Psychology
S.Y.B.A. Semester IV Syllabus 2020-2021**

Semester IV		
PSY2401	G-2	Social Psychology- II
PSY 2402	S-1	Abnormal psychology-II
PSY 2403	S-2	Growth and Development Psychology-II

Class: SYBA
Semester-IV Course Code: PSY2401
Subject: Social Psychology-II

Course Objectives:

1. Examine the determinants of attraction, including internal, external, and interactive factors.
2. Analyze the effects of rejection on individuals and interpersonal relationships.
3. Explore the dynamics of close relationships, including family, friendship, love, and romance.
4. Evaluate the factors contributing to preparedness and challenges in marriage.
5. Recognize the importance of premarital and marital counseling in promoting healthy relationships.
6. Explore different approaches to understanding aggression.
7. Classify and analyze various types of aggression.

Course Outcomes:

CO1.Students will demonstrate an understanding of the various determinants influencing interpersonal attraction.

CO2.Students will analyze the psychological effects of rejection on individuals and relationships.

CO3.Students will gain insights into the complexities of close relationships, encompassing family, friendship, love, and romance.

CO4.Students will critically evaluate the challenges associated with marriage, emphasizing preparedness and potential problems.

CO5.Students will appreciate the significance of premarital and marital counseling in fostering successful and resilient relationships.

CO6.Students will demonstrate an understanding of diverse perspectives on aggression.

CO7.Students will categorize and analyze different types of aggressive behavior.

UNIT 1: Interpersonal Attraction and Close Relationship (12 L)

5.1 Determinants of attraction – Internal, External and Interactive

5.2 Rejection & its Effects

5.3 Close Relationships –family, friendship, love and Romans.

5.4 Marriage – preparedness and problems.

5.5 Need for premarital and marital counseling

UNIT 2: Aggression (12 L)

- 6.1 Approaches in Aggression.
- 6.2 Types of aggression.
- 6.3 Determinants and Causes of aggression.
- 6.4 Media Violence and its effect.
- 6.5 Prevention and Control of Aggression.

UNIT 3: Pro-Social Behaviour (12 L)

- 7.1 Motives for Pro- social Behaviour
- 7.2 Dealing with Emergencies and Bystander effect
- 7.3 Internal and external factors influencing Pro-social behaviour
- 7.4 Commitment to Socially responsible behaviour
- 7.5 How to increase pro – social behaviour

UNIT 4: Applied Social Psychology (12 L)

- 8.1 Social Psychology in its applied form.
- 8.2 Social Psychology and Mental Health: Community based mental health care.
- 8.3 An Introduction to Social Psychology of Technology; The acceptance and adaptation of Technology.
- 8.4 Social Psychology of the Environment: Ecopsychology.
- 8.5 Evaluation Research, Interventions and Social Psychology.

References:

1. Baron, R., Byrne, D., Branscombe, N. (2014). *Social Psychology, 13th edition*, Pearson Publications, New Delhi.
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Mapping of Program Outcomes with Course Outcomes

Class: SYBA (Sem. IV)

Subject: Psychology

Course: Social Psychology-II

Course Code: PSY 2301

Weightage: 1=weak or low relation, 2=moderate or partial relation, 3=strong or direct relation

Course Outcomes	Programme Outcomes (POs)							
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
CO 1	3			3	3			3
CO 2	3			2	3		3	3
CO 3	3			3	3	2		3
CO 4	3	3	3	3	3	3		3
CO 5		3	3	2	3	2	3	
CO 6			3	3	2			3
CO 7			3	3	3		3	3

Justification for the mapping

PO1: Research Related Skills

CO1, CO2, CO3, CO4: Understanding determinants influencing interpersonal attraction, analyzing psychological effects of rejection, gaining insights into complexities of close relationships, critically evaluating challenges associated with marriage involve research-related skills to explore and apply existing knowledge.

PO2: Effective Citizenship and Ethics

CO4, CO5: Critically evaluating challenges associated with marriage and appreciating the significance of counseling involve ethical considerations and contribute to effective citizenship in the field of relationship psychology.

PO3: Social Competence

CO4, CO5, CO6, CO7: Critically evaluating challenges associated with marriage, appreciating the significance of counseling, understanding diverse perspectives on aggression and categorizing different types of aggressive behavior contribute to social competence by

enhancing awareness and understanding of social dynamics in relationships.

PO4: Disciplinary Knowledge

CO1, CO2, CO3, CO4, CO5, CO6, CO7: Understanding determinants influencing interpersonal attraction, analyzing psychological effects of rejection, gaining insights into complexities of close relationships, critically evaluating challenges associated with marriage, appreciating the significance of counseling, understanding diverse perspectives on aggression, and categorizing different types of aggressive behavior contribute to personal and professional competence.

PO5: Personal and Professional Competence

CO1, CO2, CO3, CO4, CO5, CO6, CO7: Gaining insights into complexities of relationships, evaluating challenges associated with marriage, appreciating the significance of counseling, understanding diverse perspectives on aggression, and categorizing and analyzing aggressive behavior contribute to personal and professional competence.

PO6: Self-directed and Life-long learning

CO3, CO4, CO5: Understanding determinants, analyzing psychological effects, gaining insights into complexities, evaluating challenges, appreciating the significance, understanding perspectives, categorizing and analyzing behavior involve self-directed learning. These skills are applicable throughout one's life.

PO7: Environment and Sustainability

CO3, CO5, CO7: Gaining insights into complexities of relationships and appreciating the significance of counseling contribute to understanding environment and sustainability aspects in fostering successful and resilient relationships.

PO8: Critical Thinking and Problem Solving

CO1, CO2, CO3, CO4, CO6, CO7: Demonstrating understanding of determinants, analyzing psychological effects, gaining insights into complexities, evaluating challenges, understanding perspectives, and categorizing and analyzing behavior all involve critical thinking and problem-solving skills.

**S.Y.B.A. Sem.-III
(Code-PSY-2402)
Abnormal Psychology II**

Learning Objectives:

1. To understand and describe different types of dissociative disorders.
2. Comprehension of Somatic Symptoms and Related Disorders
3. To understand Etiology and Treatment of Dissociative and Somatoform Disorders
4. To acquire the skills of Recognition of Factitious Disorder
5. To Identify of Major Eating Disorders, Causes and Treatment.
6. To understand the Causes and Treatment of Eating Disorders
7. Understanding Sleep-Wake Disorders and Neurocognitive Disorders

Course Outcomes:

CO1. Students will demonstrate a detailed understanding of the types, etiology, and treatment of dissociative and somatoform disorders.

CO2. Students will gain expertise in identifying major eating disorders, understanding their causes, and recognizing different sleep-wake disorders.

CO3. Students will demonstrate a comprehensive understanding of sexual disorders, childhood disorders, and intellectual disabilities, including their etiology and treatment.

CO4. Students will recognize and analyze personality disorders, understanding their definition, characteristics, and classification into different clusters.

CO5. Students will integrate theoretical knowledge with practical skills, applying appropriate therapeutic approaches to various psychological disorders.

CO6. Students will develop critical analysis and evaluation skills, enabling them to assess the effectiveness of different therapeutic interventions.

CO7. Students will apply ethical considerations and cultural sensitivity in addressing diverse psychological disorders, ensuring a well-rounded approach to mental health.

UNIT-I Dissociative Disorders and Somatoform Disorder

12

- 1.1 Types of dissociative disorders.
- 1.2 Somatic symptoms and related disorders.
- 1.3 Etiology and treatment of dissociative and somatoform disorders.
- 1.4 Factitious disorder.

UNIT-II Eating Disorders Sleep- Wake Disorders and Neurocognitive Disorder 12

- 2.1 Major types of eating disorders
- 2.2 Causes and treatment of eating disorders.
- 2.3 Types of sleep-wake disorder.
- 2.4 Neurocognitive disorder Mild and Major.

UNIT-III Sexual Disorders and Childhood Disorders. 12

- 3.1 Sexual Abuse (Childhood sexual abuse, Pedophilia, incest and rape)
- 3.2 Etiology and Treatment of sexual abuse.
- 3.3 Intellectual disabilities: Types, causes and treatment.
- 3.4 Types of childhood disorder - Autism, Hyper activity disorder and Learning disorder.

UNIT-IV –Personality Disorder 12

- 4.1 Definition and characteristics of personality disorder.
- 4.2 Cluster -A Personality disorders.
- 4.3 Cluster -B Personality disorders.
- 4.4 Cluster -C Personality disorder

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1. Alloy, L. B., Riskind, J. H., & Manos, M. J. (2005) Abnormal Psychology: Current perspectives. 9th Edn. Tata McGraw- Hill: New Delhi, India.
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Mapping of Program Outcomes with Course Outcomes

Class: SYBA (Sem. IV)

Subject: Psychology

Course: Abnormal Psychology-II

Course Code: PSY 2402

Weightage: 1=weak or low relation, 2=moderate or partial relation, 3=strong or direct relation

Course Outcomes	Programme Outcomes (POs)							
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
CO 1	3			3	3	3		
CO 2	3			2	3	2		
CO 3	3			3	3	3		
CO 4	2			2				
CO 5	2		3	2	3	3		
CO 6	3			3	2	2		3
CO 7		3	3	3	2			

Justification for the mapping**PO1: Research Related Skills**

CO1, CO2, CO3, CO4, CO5, CO6: Understanding types, etiology, and treatment of various psychological disorders requires research skills to delve into literature, studies, and empirical evidence. Additionally, integrating theoretical knowledge with practical skills and developing critical analysis skills involve research-related skills.

PO2: Effective Citizenship and Ethics

CO7: Addressing diverse psychological disorders requires considerations of ethics and cultural sensitivity, contributing to effective citizenship in the field of mental health.

PO3: Social Competence

CO5, CO7: Applying therapeutic approaches to psychological disorders and addressing diverse psychological disorders ethically contribute to social competence in the field of mental health.

PO4: Disciplinary Knowledge

CO1, CO2, CO3, CO4, CO5, CO6, CO7: Disciplinary knowledge is developed through understanding types, etiology, and treatment of various psychological disorders, integrating theoretical knowledge with practical skills, and developing critical analysis skills while applying ethical considerations.

PO5: Personal and Professional Competence

CO1, CO2, CO3, CO5, CO6, CO7: Understanding types, causes, and treatment of psychological disorders, applying therapeutic approaches, developing critical analysis skills, and addressing psychological disorders ethically contribute to personal and professional competence.

PO6: Self-directed and Life-long learning

CO1, CO2, CO3, CO5, CO6: Understanding types, etiology, and treatment of psychological disorders, applying therapeutic approaches, and developing critical analysis skills contribute to self-directed and life-long learning in the dynamic field of psychology.

PO7: Environment and Sustainability**PO8: Critical Thinking and Problem Solving**

CO6: Developing critical analysis skills directly aligns with the development of critical thinking and problem-solving skills in assessing the effectiveness of different therapeutic interventions.

Sem. IV Code: -PSY2403
Growth and Development Psychology II

Course Objectives:

1. Understand the physical development and maturity in adolescence.
2. Identify and analyze threats in adolescence, focusing on sexually transmitted diseases, teenage pregnancy, and substance abuse.
3. Explore identity and cognitive development in adolescence, incorporating Piaget's cognitive development theory, information processing approach, and Marcia's approach to identity development.
4. Analyze relationships in adolescence, including family and friends.
5. Navigate early adulthood challenges, including career and employment, stress management, and relationship choices.
6. Examine physical development, cognitive changes, relationships, and stress factors in middle adulthood.
7. Understand ageing, including physical changes, health and wellbeing, daily life adjustment, and the process of dying.

Course Outcomes:

- CO1.Students will demonstrate proficiency in understanding the physical and maturity aspects of adolescence.
- CO2.Students will critically analyze threats such as sexually transmitted diseases, teenage pregnancy, and substance abuse during adolescence.
- CO3.Students will understand and apply concepts from Piaget's cognitive development theory, information processing approach, and Marcia's approach to identity development in the context of adolescence.
- CO4.Students will master the understanding of family and peer relationships during adolescence.
- CO5. Students will demonstrate skills in navigating early adulthood challenges related to career, stress management, and relationship choices.
- CO6.Students will exhibit competence in analyzing physical changes, cognitive development, relationships, and stress factors in middle adulthood.
- CO7.Students will comprehend the various aspects of ageing, including physical changes, health considerations, daily life adjustments, and the process of dying.

Unit-I Adolescence	12
1.1 Physical Development and maturity	
1.2 Threats in Adolescence-	
i) Sexually Transmitted Diseases and Teenage Pregnancy	
ii) Substance Abuse (Drugs, Alcohol, Tobacco)	
1.3 Identity and cognitive development	
i) Piaget's cognitive development theory	
ii) Information processing Approach	
iii) Marcia's Approach to Identity Development	
1.4 Relationships –	
i) Family	
ii) Friends	
Unit-II Early Adulthood	12
2.1 Career and Employment	
2.2 Dealing with Life Challenges	
i) Stress and Coping	
2.3 Marriage and other relationship choices: Liking and Loving, Happiness seeking Intimacy	
2.4 Cognitive development :Sternberg's theory	
Unit-III Middle Adulthood	12
3.1 Physical Development and Health	
i) Physical Changes as per gender differences	
ii) Preventive Health care	
3.2 Cognitive development	
3.3 Relationships- Marriage, Divorce, Remarriages	
3.4 Stress-	
• Isolation, unemployment	
• Leisure time	
Unit-IV Ageing	12
4.1 Physical Changes	
a) Signs of Ageing	
b) Slowing Reactions	

c) The Senses

4.2 Health and Wellbeing

a) Physical and Psychological Problems

b) Importance of Nutrition, Yoga and Exercise

4.3 Daily life of adjustment in Ageing: Abuse (422 to 423 Book Suzanne Valentine)

4.4 Process of Dying

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1. Berk, L. E. 3rd ed. (2004). Development through the life span. N.D.: Pearson
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Mapping of Program Outcomes with Course Outcomes

Class: SYBA (Sem. IV)

Subject: Psychology

Course: Growth and Development Psychology-II

Course Code: PSY 2403

Weightage: 1=weak or low relation, 2=moderate or partial relation, 3=strong or direct relation

Course Outcomes	Programme Outcomes (POs)							
	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8
CO 1				3		3		
CO 2	3	2		3		3		3
CO 3	3			3		3		3
CO 4	3	3	3	3		2		3
CO 5	3	3	3	3	2	3		
CO 6		3	3	3	3	3		
CO 7		3	2	3	3	3		

Justification for the mapping

PO1: Research Related Skills

CO2, CO3, CO4, CO5: Analyzing threats during adolescence, applying concepts from cognitive development theories, understanding family and peer relationships, navigating challenges in early adulthood, involve research-related skills to explore and apply existing knowledge.

PO2: Effective Citizenship and Ethics

CO2, CO4, CO5, CO6, CO7: Analyzing threats during adolescence, understanding family and peer relationships, navigating challenges in early adulthood, analyzing factors in middle adulthood, and comprehending various aspects of aging involves ethical considerations, contributing to effective citizenship in the field of human development.

PO3: Social Competence

CO4, CO5, CO6, CO7: Understanding family and peer relationships during adolescence, navigating challenges in early adulthood, analyzing factors in middle adulthood and comprehending various aspects of aging contribute to social competence by enhancing awareness and understanding of social aspects across the lifespan.

PO4: Disciplinary Knowledge

CO1, CO2, CO3, CO4, CO5, CO6, CO7: Disciplinary knowledge is developed through understanding the physical and maturity aspects of adolescence, critically analyzing threats during adolescence, applying cognitive development theories, understanding family and peer relationships, navigating challenges in early adulthood, analyzing factors in middle adulthood and comprehending various aspects of aging.

PO5: Personal and Professional Competence

CO5, CO6, CO7: Navigating challenges in early adulthood, analyzing factors in middle adulthood, and comprehending various aspects of aging contribute to personal and professional competence.

PO6: Self-directed and Life-long learning

CO1, CO2, CO3 CO4, CO5, CO6, CO7: The dynamic nature of human development across adolescence, early adulthood, middle adulthood, and aging necessitates self-directed and life-long learning.

PO7: Environment and Sustainability**PO8: Critical Thinking and Problem Solving**

CO2, CO3, CO4: Critically analyzing threats during adolescence, applying cognitive development theories, understanding family and peer relationships, require critical thinking and problem-solving skills in assessing and addressing the complexities of human development across the lifespan.