#### **CURRICULUM VITA**

1. Name : Dr. Shinde Vijaykumar Balbhim

2. Educational Qualification : M.A. SET, Ph. D, Dip.in Yog Shikshak

3. **Present Designation** : Assistant Professor and Head Department of Psychology

4. **Date of Birth** : 02/06/1981

5. **Contact number** : Office: 02112-222405 Mobile: 9881907092

WhatsApp: 7588945168

6. **Email ID** : vbswonder@gmail.com

7. **Date of Appointment** : 03/06/2008

8. **Teaching Experience:** 19<sup>th</sup> Years

9. Date of Joining in Present College: 19/07/2004

10. Educational Qualification:

Sr.	Examination Passed	University/Board	Year of	Subject	Class / Grade
No			passing		obtained
1	B.A./B.Com./B.Sc.	SPPU	2002	Psychology	First
2	M.A./ M.Com./ M.Sc.	SPPU	2004	Psychology	Second
3	SET	SPPU	2008	Psychology	Qualify
4	Ph.D.	SPPU	2017	Psychology	Awarded
5	Diploma in Yog-	YCMOU	2020	Yog	First Class
	Shikshak				With
					Distinction

#### 11. Total Research Publications: 12

#### a. M.Phil. / Ph.D./Research

Sr. No.	M.Phil./ Ph. D. Thesis Title	Name of The Univ.	Year of award	Name of Guide
	Job Satisfaction, Self-			
	Concept, Emotional	Pune University	2017	Dr.Deshmukh N.V.
	Adjustment and			
	Subjective Well-being			

of School teachers.		

#### b. Book:

Sr. No.	Title of Book	Year of publication	ISBN	Name & Place of Publisher
1	Well Being of School Teachers	2023	978-1-387-30015-0	Lulu Publication, United State

# C. Chapter in Book:

Sr. No.	Title of Book & Name of Editor	Title of the Chapter	Year of publication	ISBN	Name & Place of Publisher
	Nil				

## D. Research Paper:

Sr. No.	Title of the Paper	Name of Journal	Month and Year of publication	ISBN	UGC. No./Impact Factor/ Citation Details
1.	Sexual Anxiety Sexual Attitude and Attitude Towards Sex Education among Under Graduate College Students	B. Aadhar Peer Reviewed and Refereed Indexed Multidisciplinary International Research Journal	December 2022	ISSN:2278- 9308	Impact Factor- 8.575
2.	किशोर अवस्थेतील मुलांचा एकाकीपणा आणि समुपदेशनाची गरज यांचा अभ्यास	Worldwide international Inter Disciplinary Research Journal (A Peer Reviewed)	December 2022	ISSN:2454- 7905	Impact Factor- 7.479
3	Emotional Maturity as a Predictor of Resilience in	JFANS International Journal of Food and Nutritional Sciences	December 2022	ISSN:2319- 1775 Online:2320-	UGC Care Listed December 2022

	adolescence			7876	
4	Meta Cognitive Skill, Social and Emotional Maturity among Adolescence	इतिहासाचार्य वि.का.राजवाडे मंडळ ,धुळे या संस्थेचे त्रैमासिक "संशोधक" पुरवणी अंक	December 2022	ISSN:2394- 5990	UGC Care Listed December 2022
5	Mental Health Job Satisfaction and Role Stress of College Teachers	Journal of Research and Development  A multidisciplinary International Level Referred Journal	February 2023	ISSN:2230- 9578	Impact Factor- 7.265
6	Impact of social networking addiction on adolescent's health,  Impact of social The International Journals of Indian psychology Vol. No. 6, Issue 2 pp 102-108.		2018	ISSN: 2349- 3429	Nil
7	wellbeing of school teachers.  Correlation Between Sports Specific Personality and  Research Journey International E-Research		2016	ISSN:2249- 894X	3.1402 (UIF)
8			2019	ISSN:2348- 7143	6.261
9	Impact of Social Networking Addiction on Mental health of College Students.	An international multidisciplinary Quarterly Research Journal, Vol. 3, Issue-I	2019	ISSN: 2277- 5730	5.5

10	Human Rights Awareness of Lawyers,	Women Empowerment Challenges and Solution. Conference Proceeding	2018	ISBN:978-93- 88158-02-2	Nil
11	Anxiety Depression and Stress level among the unemployed youth in covid- 19 pandemic situation	Review of research international online multidisciplinary journal.	2021	ISSN2249- 994X	5.7631(UIF)
12					

## e.Research Project:

Sr. No.	Name of Funding Agency	Project Title	Funds Received	Month and Year of sanction	Duration of the Project	Status of Project
	Nil	Nil	Nil	Nil	Nil	Nil

# F.Paper presented in Seminar / Conference

Sr. No.	Name of the Conference/ Seminar	Title of the paper	Date	Level (State/ National/ International)	Name of the Organizer
1	Marathi Manashatra Parished	Sexual Anxiety and Mental Health in girls with polycystic ovary syndrome.	3 <sup>rd</sup> & 4 <sup>th</sup> February 2023	State	Pancham khemraj mahavidyalaya,Sawantwdi Tal : Sawantwadi Dist: Pune
2.	Conference on Psychology Beyond Horizon	Mental Health, Job Satisfaction and Role Stress of College Teachers.	30 <sup>th</sup> Aug. to 01 <sup>st</sup> Sep.2017	International	Jai Narain Vyas University Jodhpur Rajasthan

		National	To Study the			
		Conference on	Isolation and	30 <sup>th</sup> and		Maharaja Sayajirao
	3	Psychotherapies	Need of	31th	National	Gaikwad Arts, Science and Commerce College,
		and Health.	Counseling for	Jan.2018		Malegaon Camp Nashik
			Adolescents,			

g. Patents Published / Register: Nil

#### 12. Research Guidance:

### a) Guide ship Details

Sr.	M.Phil./ Ph.D. Guide	Name of University	Month & Year of recognition	No. of R Scho	
No.			0	Completed	Perusing
1	Ph.D.	Savitaribai Phule Pune University	22/05/2023		
2					

#### b. Research Guidance

Sr. No.	Name of Scholar	Name of University	Month and Year Registration	Title of the Research
1	Nil	Nil		
2				

## 13. Professional recognition/award /fellowship etc.

Sr. No.	Name of Award/ Recognition	Awarding Agency	Date
1	Nil	Nil	
2			

## 14. E-content Development

Sr. No	Title of Content	Level (UG/ PG / ALL)	Platform	Link of E-Content
1	Carrier in Psychology	All	YouTube	https://youtu.be/5Zu-RvNOJ-A?si=GuKLn7E0Phv8L-8p
2	Mobile Child and Parents	All	You Tube	https://www.youtube.com/live/G2RR1MOpDtA?si=Gd6Jvb Vy0Pk6HAuA

# 15. Work Experience on Academic Bodies and other

Sr. No.	Designation/ Position	Duration	Name of Institute / University	Details
1	Chairman	2019 to 2023	Tuljaram Chaturchand College of Arts Science and Commerce ,Baramati	Board of Study in Psychology and Yoga
2.	Member	2019 to 2023	Tuljaram Chaturchand College of Arts Science and Commerce ,Baramati	Academic Council
3	Member	2023 to till date	Savitaribai Phule Pune University, Pune	Board of Studies in Psychology

### 16. Life Membership of Professional Bodies:

Sr. No.	Name of Professional Body
1.	Marathi Manasshastra Parishad

### 17. Orientation /Refresher/ Short Term / Other course Attended:

Sr.	Orientation	Name of	No. of	Dates	Subject
No.	Refresher course	Institution/	Days	From-To	
		University			
1	Orientation Course	Kumaun ,Nainital	28	12/3/2009 to	General
				10/4/2009	Orientation
2	Refresher Course	Punjabi, Patialia	21	3/10 /2013 to	Social Sciences
				23/10/2013	
3	Refresher Course	Lucknow	14	17/01/2020 to	Education,
		University		30/01/2020	Physical
					Education and
					Psychology.
4	Refresher Course	Teaching Learning	16	30/01/2021	Online
		Center,Ramanujan		To 14/02/2021	Refresher
		College University			Course on:
		of Delhi			Advanced
					Research
					Methodology
					Tools and
					Technique.
5	Faculty Development	Teaching Learning	07	07/12/2020 to	Online Faculty
	Programme	Center, Ramanujan		13/12/2020	Development
		College University			Programme on:
		of Delhi			Systematic
					Literature
					Review and
					Meta Analysis
6	Faculty Development	Teaching Learning	07	18/02/2021 to	Online Faculty
	Programme	Center, Ramanujan		24/02/2021	Development
		College University			Programme on:

		of Delhi			Academic
					Writing
7	Faculty Development	Teaching Learning	07	01/06/2021 to	Psychological
	Programme	Center, Ramanujan		07/06/2021	Skills for
		College University			Effective
		of Delhi			Teaching and
					Learning
8	Faculty Development	Teaching Learning	07	25/06/2022 to	Advanced
	Programme	Center, Ramanujan		01/07/2022	Pedagogical
		College University			Techniques
		of Delhi			
9	Faculty Development	MSFDA and IPH	05	11/07/2022 to	Pradnya Parisar
	Programme	Dr.Babasaheb		15/07/2022	
		Ambedkar			
		Technological			
		University,Lonere			
		Raigad			
10	Faculty Development	Teaching Learning	07	27/02/2023 To	Babasaheb
	Programme	Centre, Ramanujan		05/03/2023	Ambedkar and
		College University			his Visionary
		or Benn			India: From
					Perception to
					inception
		of Delhi			India: From Perception to

## 17. Any other Attainment: Consultancy Services:

- 1) Provide Counseling Services for the students and other stockholders since 15 Years.
- 2) Psychological Testing assessment.